



©Trail running Portes du Soleil

From the Prétairié parking lot, take the forest road towards Lac de Tavaneuse as far as the crossroads where you cross the stream to continue towards Tavaneuse. Take short strides up to the Chalets de Tavaneuse, from where a small flat area allows you to recuperate before climbing up to the lake of the same name. Enjoy the lake, then descend to the left towards the Col d'Entre Deux Pertuis, then the Pirons d'Ardens. Start the descent to Les Chalets d'Ardens. After 600 m, turn left onto the small zig-zagging downhill path, then follow the forest road to Cubourré. Take the left-hand path to Lac des Plagnes. Follow the forest road towards Le Cazot. At the La Séchère intersection, take the downhill path to Prétairié.



Téléchargez l'appli officielle

RANDO SAVOIE MONT BLANC

Gratuit

Plus de 800 itinéraires randos et balades!



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TAKE NOTHING BUT MEMORIES ...

- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

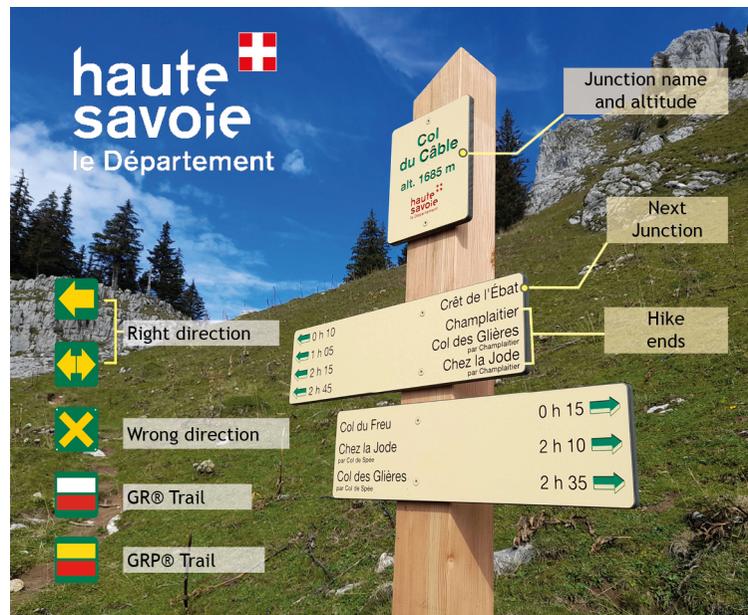
MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS

WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

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WALKS AND HIKES



©Florence Billoud - Mairie d'Abondance

TRAIL CIRCUIT 48 ROUGE - TWO LAKES LOOP

This mountainous route with almost 1000m of vertical drop will delight seasoned runners.

Loop

DIFFICULT

12.2 km

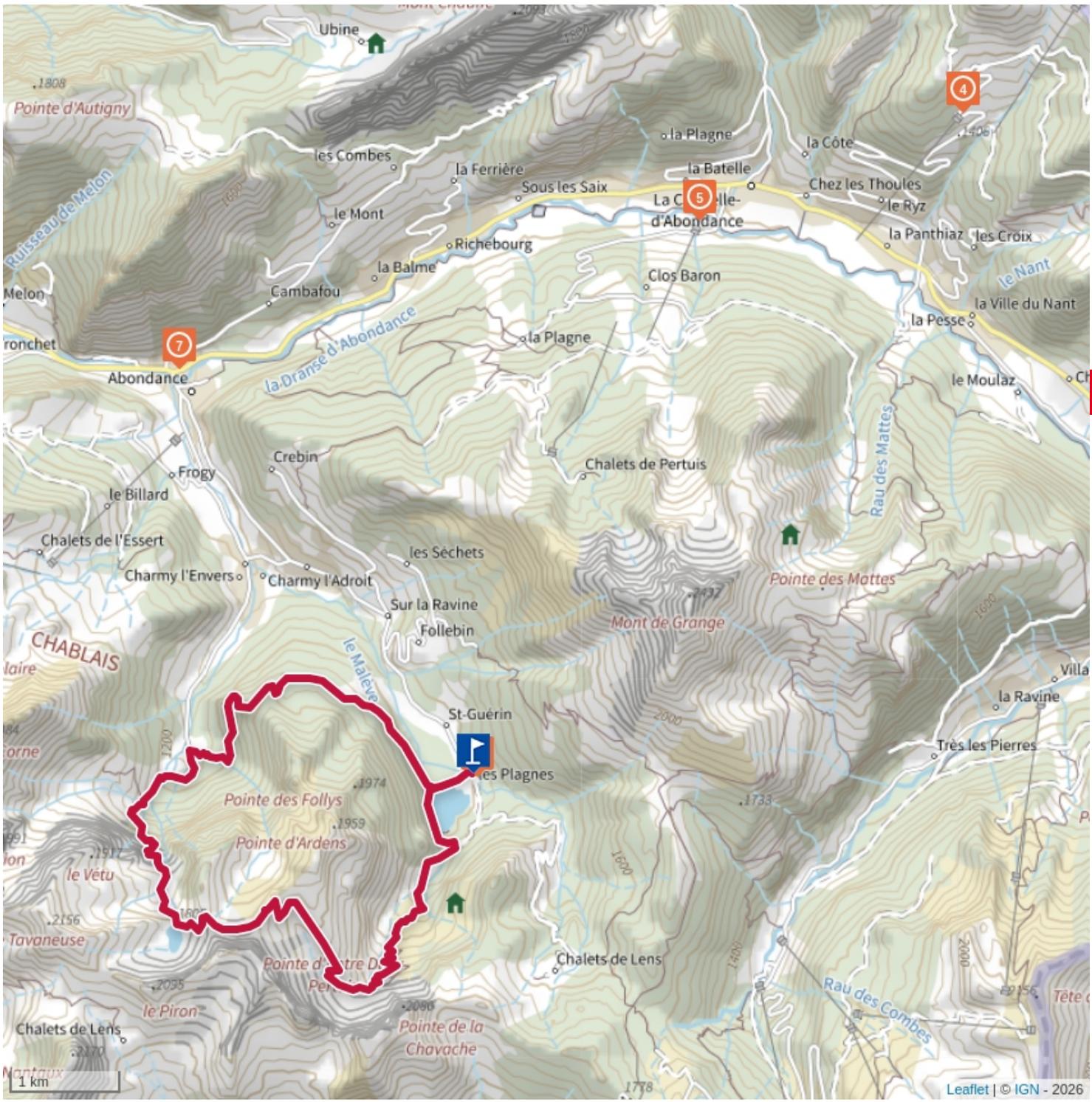
+ 990 m

- 990 m

1415 m

Keep pets on a lead

ABONDANCE



YOUR ROUTE