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A pumptrack for everyone, children and adults! Accessible by bike, scooter or skateboard. Free access. Colourful courses from beginner to advanced level.



Téléchargez l'appli officielle  
**RANDO SAVOIE MONT BLANC**  
 Gratuit  
 Plus de 800 itinéraires randos et balades!



Apple store



Google Play

### TAKE NOTHING BUT MEMORIES ...

- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

### ... LEAVE NOTHING BUT FOOTSTEPS

**MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS**  
**WEATHER: 3250** (€2.99/call + call charge) – [www.meteofrance.com](http://www.meteofrance.com)

#### INFORMATION

[accueil@mairieabondance.fr](mailto:accueil@mairieabondance.fr)  
**04 50 73 00 16**



## WALKS AND HIKES

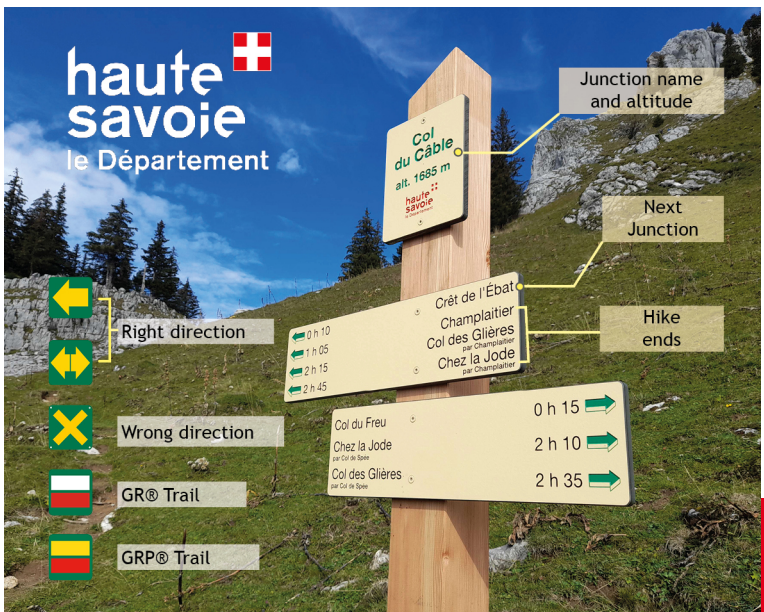


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## ABONDANCE PUMPTRACK

This pumptrack course lets riders practice on moguls and banked turns. Accessible to everyone, any age or level. Helmets, gloves and other protection is highly recommended.

**STARTING POINT:** Plaine d'Offaz



haute savoie  
 le Département

- Right direction
- Wrong direction
- GR® Trail
- GRP® Trail

Junction name and altitude  
 Next Junction  
 Hike ends

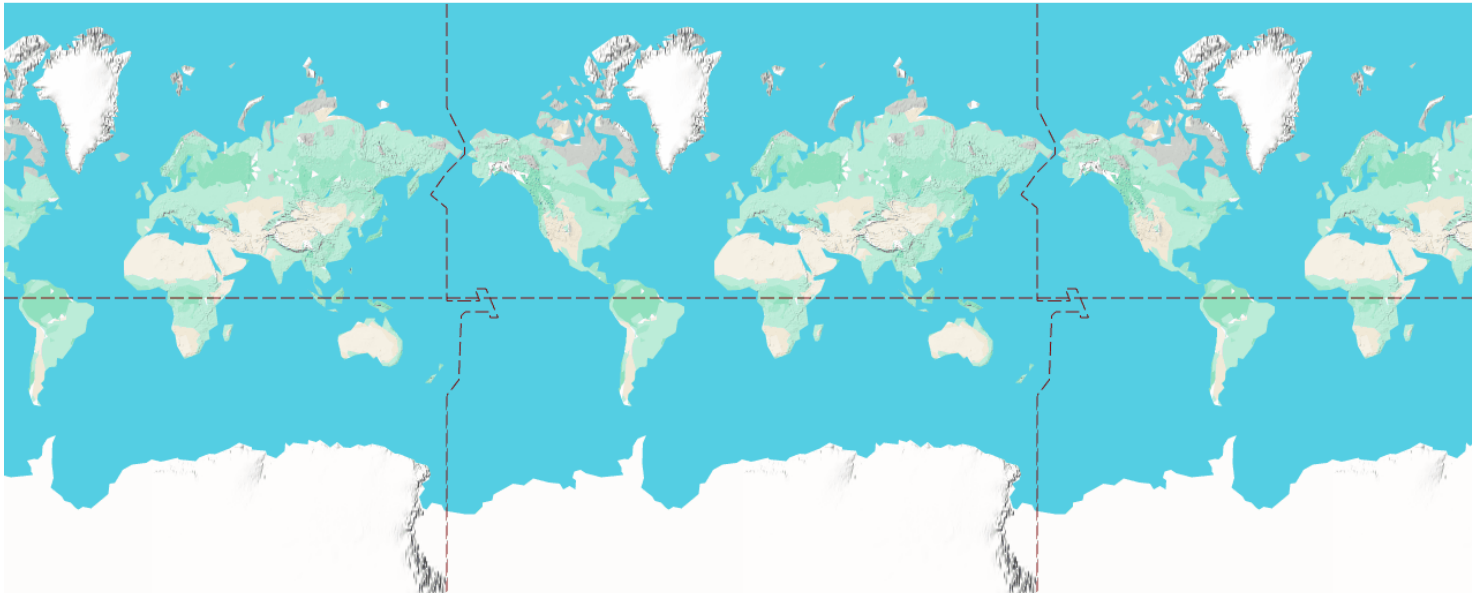
Col du Câble  
 alt. 1685 m

Crêt de l'Ébat  
 Champlaitier  
 Col des Glières  
 par Champlaitier  
 Chez la Jode  
 par Champlaitier

0 h 10  
 1 h 05  
 2 h 15  
 2 h 45

Col du Freu 0 h 15  
 Chez la Jode 2 h 10  
 Col des Glières 2 h 35

## ABONDANCE



## YOUR ROUTE