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This half-day walk will take you to discover part of the religious heritage of the municipality of Abondance.

Departing from Lake Plagnes, you will meet the first chapel only after a few meters. It is the chapel Sainte-Anne, built in 1671 dedicated to the Saint of the same name to fight against the sterility of women.

You will then reach the Saint-Guérin chapel dating from 1675. Saint Guérin was abbot of Saint-Jean d'Aulps and known for his healing powers.

The next chapel encountered was that of Saint-Théodule, built in 1646 and dedicated to Saint-Théodule invoked to protect crops and livestock. Don't forget the picnic for a lakeside break when you return from your walk!



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## TAKE NOTHING BUT MEMORIES ...

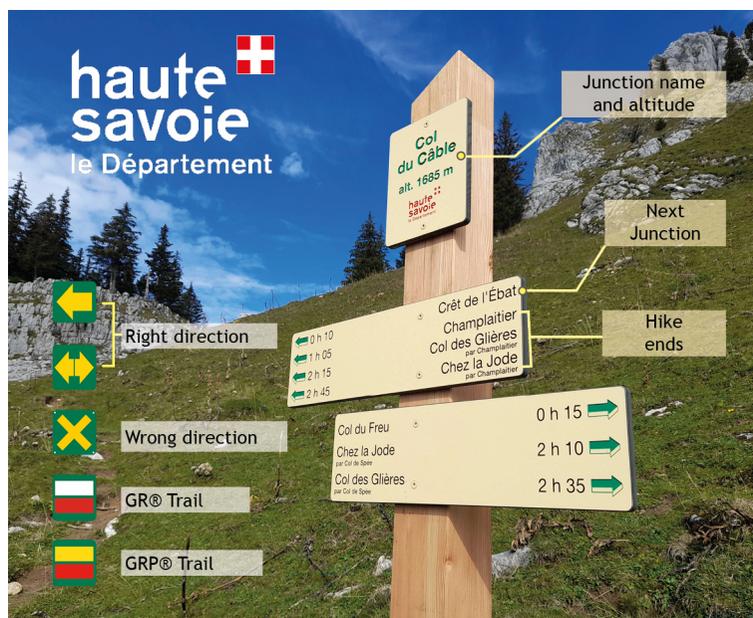
- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

## ... LEAVE NOTHING BUT FOOTSTEPS

**MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS**  
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### INFORMATION

abondance@ot-peva.com  
**04 50 73 02 90**



## WALKS AND HIKES



## WALKING ITINERARY: CHAPELS AND ORATORIES

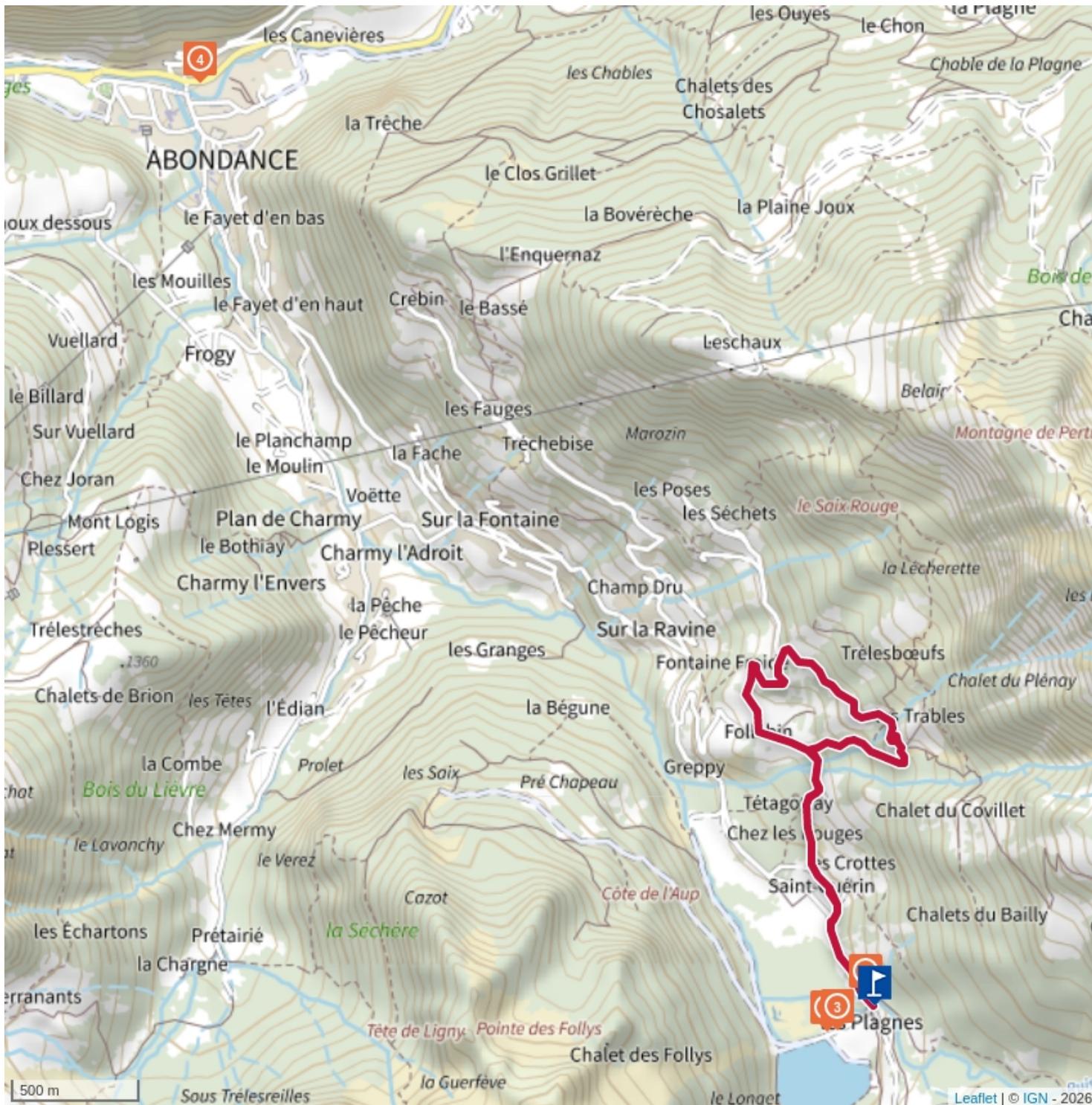
Troughout your ramble, you can see typical examples of local architecture (farms, high-pasture chalets, shrines and chapels) which are part of the rich heritage of our valley.

Loop  EASY  
 1:35  4.3 km  
 + 190 m  - 190 m  1350 m

 Keep pets on a lead

**HOW TO GET THERE:** Near the Plagnes lake. The start is less than 10 minutes away by car.

ABONDANCE



## YOUR ROUTE

- ① From the parking lot of Lake des Plagnes, reach the Chapelle Saint Anne, then take the asphalt road that goes down towards Abondance.
- ② At the first junction on the right, you will arrive at the Chapelle Saint Guérin. Then continue straight along the stone-lined path to reach the chalets of Tettagottay
- ③ At the crossing, turn left and right a little further, following the direction "Oratoires Les Trables". You will then pass in front of Saint Joseph, then Saint Théodule Chapel.
- ④ From there, go down the forest road and then down the tarred road to Follebin. Then turn left on the small road crossing a group of houses before reaching the path by which you arrived. From this point, the return to your starting point is done by the same route as on the way out.

**RECOMMENDATIONS:** Whatever your hike, remember to pack cereal bars, plenty of water, sunglasses, sunscreen, a small first-aid kit, and clothing appropriate to the season and weather forecast.