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After a walk along the edge of the Lac des Plagnes, head towards Cubourré, you will discover a nice waterfall in the forest and you will reach a peaceful plateau, bathed by a stream and overlooked by the Pointe d'Entre Deux Pertuis and the Pointe de Chavache.

The Lac des Plagnes site, classified as a Unesco Geopark, is a unified geographical area whose sites and landscapes are of international geological interest. All along the route, interpretation panels invite you to understand the geological evolution of this place.

A trail leads to the Tindérêts refuge. During the summer school holidays, everyone can enjoy a gourmet break in the refuge after the climb.



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TAKE NOTHING BUT MEMORIES ...

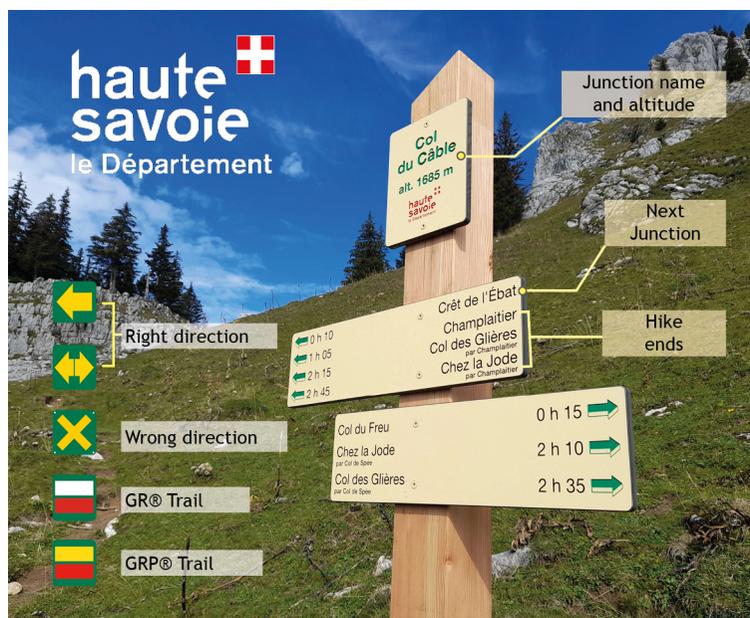
- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS
WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

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04 50 73 02 90



WALKS AND HIKES



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DISCOVERY OF THE LAC DES PLAGNES UNESCO GEOPARK SITE AND CLIMB TO THE TINDÉRÊTS REFUGE

A nice easy and accessible hike, ideal for a family, to discover mountain hiking in a magnificent setting and to understand the geological evolution of this Unesco Geopark site!

Round trip MODERATE
 2:00 2.3 km
 + 305 m - 305 m 1487 m
 Keep pets on a lead

STARTING POINT: Parking du lac des Plagnes

HOW TO GET THERE: Head towards Lac des Plagnes from the centre of the village of Abondance.

ABONDANCE



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YOUR ROUTE

Car park at Lac des Plagnes

- 1** Go down to the edge of the lake on the dike.
- 2** Take the direction "Chemin du tour du lac" passing by the right side of the lake.
- 3** A little before the bridge at the end of the lake, take the path that goes up in the forest towards "Cubourré". Follow the path along the waterfall.
- 4** At the top of the path, turn right towards "Refuge des Tindérêts" and continue on the path, which is flat at the start and then climbs higher and higher.
- 5** At the intersection, take the path on the left towards "Refuge des Tindérêts".
- 6** A path will lead you to the refuge.
- 7** The return is by the same path. You can reach the car park by following the road down towards "Lac des Plagnes".

RECOMMENDATIONS: Good walking shoes and sticks are required. The lake shore and the waterfall path can be muddy and very slippery, especially in spring and autumn.