

This route offers magnificent views over the entire Abondance Valley, the Dents du Midi and Lake Geneva. A rather difficult trail for experienced runners, it takes you through forests and meadows, past traditional farms and mountain chalets, starting from the center of the village of Abondance.



Téléchargez l'appli officielle
**RANDO SAVOIE
MONT BLANC**

Gratuit

Plus de 800 itinéraires
randos et balades!



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TAKE NOTHING BUT MEMORIES ...

- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

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MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS

WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

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04 50 73 02 90



WALKS AND HIKES



©Trail running Portes du Soleil

TRAIL CIRCUIT 47 RED – POINTE DES FOLLYS

Discover the Pointe des Follys, a well-known peak for trail runners in the Abondance valley!

Loop

DIFFICULT

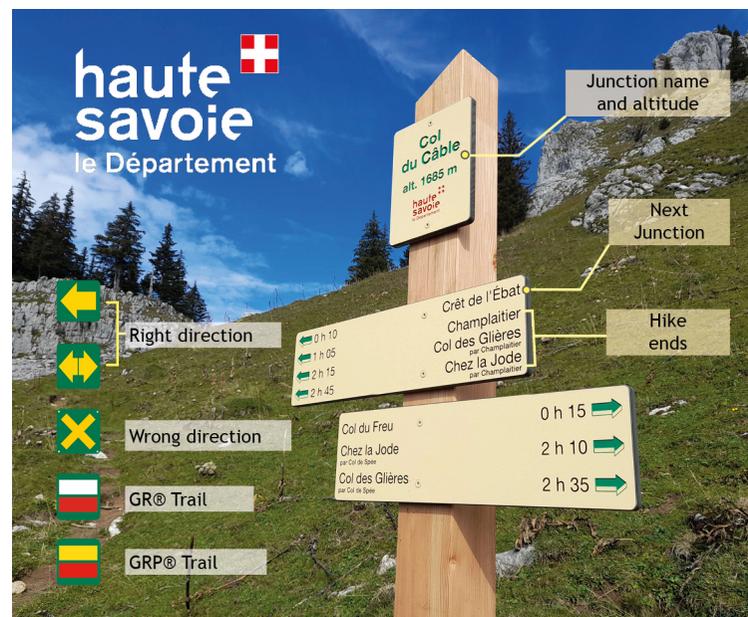
15.4 km

+ 820 m

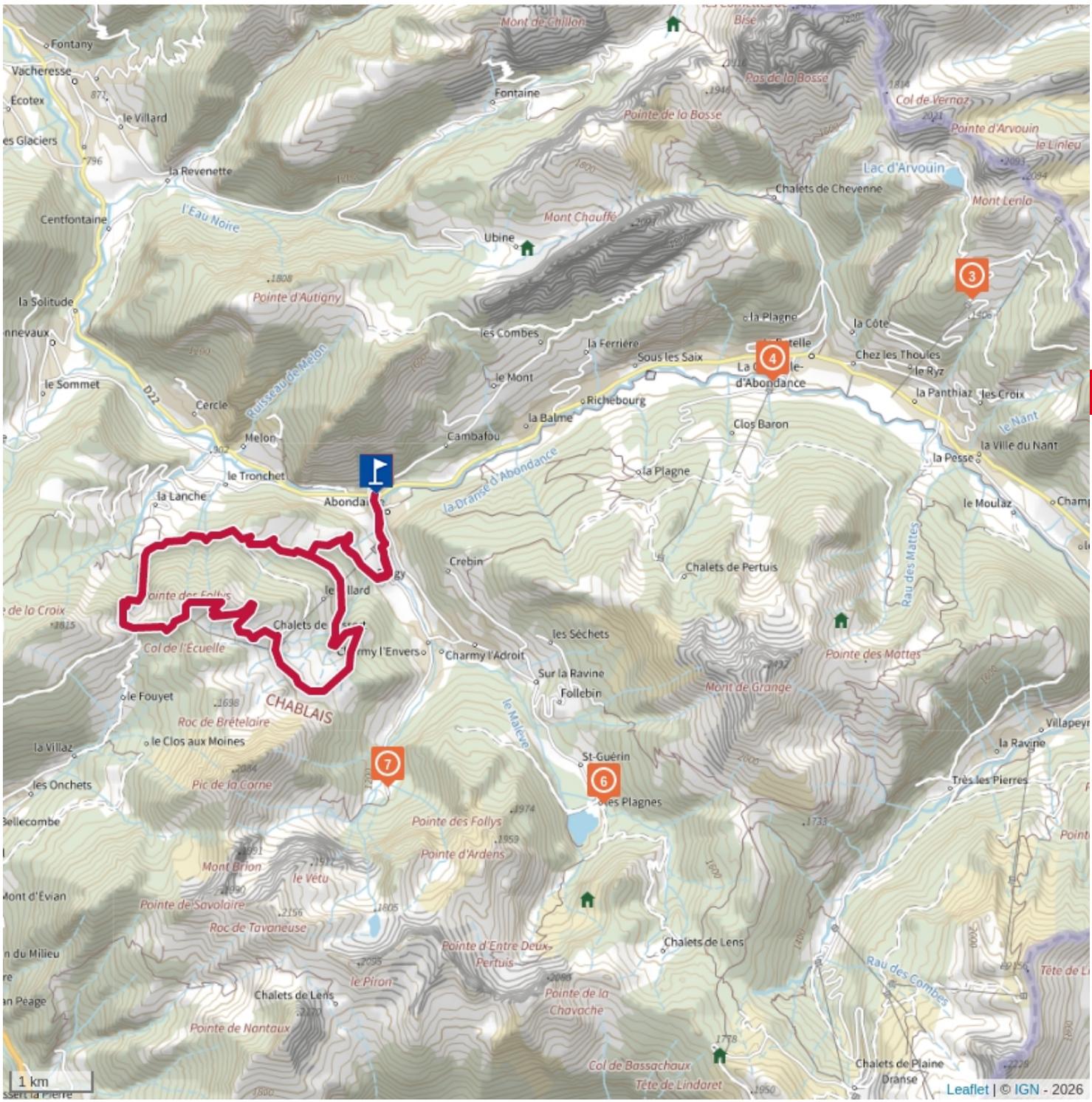
- 820 m

918 m

Keep pets on a lead



ABONDANCE



YOUR ROUTE