

TAKE NOTHING BUT MEMORIES ...

- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

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MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS
WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com



©OT La Chapelle

TRAIL CIRCUIT 42 BLUE – LAC D'ARVOUIN

A beautiful blue loop, which offers a slope suitable for good training in hill climbing and good start for the trail.

Loop MODERATE

8.2 km

+ 470 m - 480 m 1865 m

Keep pets on a lead

STARTING POINT: Route des Frasses

HOW TO GET THERE: Accessible by the La Panthiaz gondola depending on the opening days and times or by the Rys road by car, to the arrival station of the said gondola. Free parking.

From La Chapelle d'Abondance, take the La Panthiaz gondola to join the beginning of the route. In case of closure of the gondola, take the Rys road to the top of the gondola (about 4km). From the top of the gondola La Panthiaz, you will start on a paved road for 1.5km then on a path by the place called "Sevant Levant". The trail continues through Sevant Behind, from where a magnificent view of Mount Heated is proposed to you. The route continues through a forest road to Lake Arvouin. This lake is a jewel of the corner, a natural lake that is actually a glacial lock, the remains of the ancient glacier valley. After this panoramic break, you can continue uphill to reach Pointe d'Arvouin, culminating at 2019m, or down. After having taken advantage of the lake, you will descend by the chalets of Arvouin, then the pastures of the house. The finish is at the top of the gondola of the Panthiaz.

INFORMATION

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Téléchargez l'appli officielle

RANDO SAVOIE MONT BLANC

Gratuit

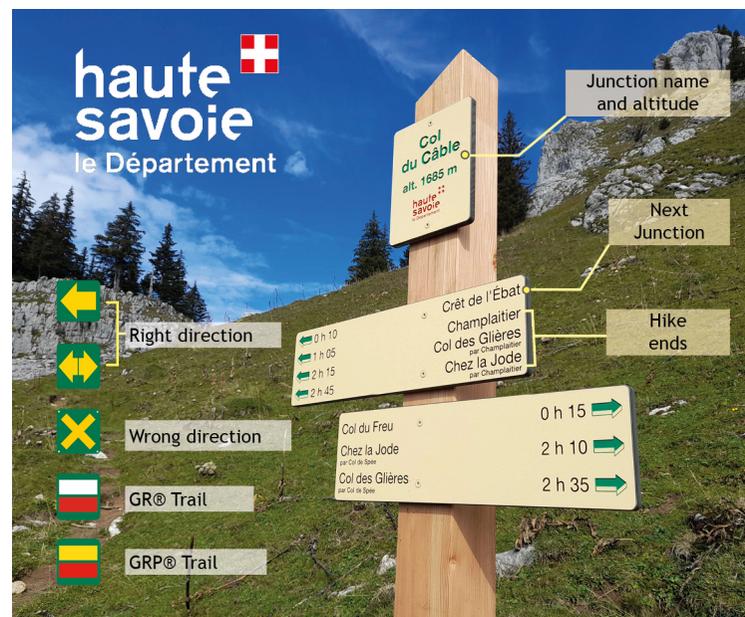
Plus de 800 Itinéraires randos et balades!

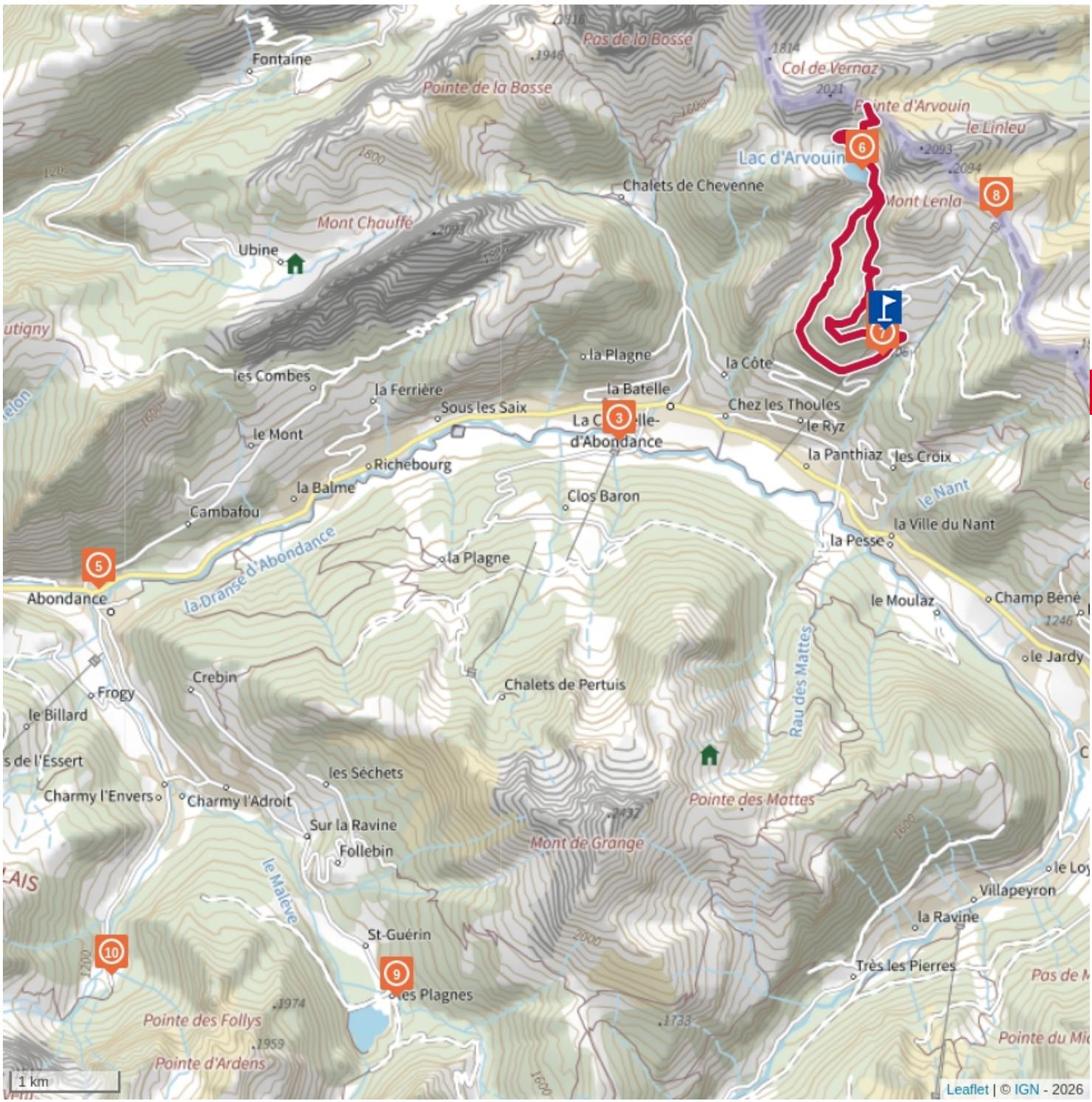


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YOUR ROUTE