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The Bise and Ubine hike, nestled in the heart of the Chablais, in the Abondance valley, will offer you an exceptional view of various alpine peaks.

Starting from the car park of the Bise chalets, you will walk on a downhill forest path then you will reach the Fontaine lake. Following a forest path with a slight difference in altitude, you will then reach the Ubine refuge, where you can take advantage of the tables and an outdoor pool to take a break. The small Ubine chapel was built during the French revolution.

You will cross several mountain pastures during this hike, these are the ones that allow the cows to graze and then the farmers to produce Abondance, the famous cheese characteristic of the territory and the object of a protected designation of origin.

You will then reach the Col d'Ubine, under the vertiginous ridge of Mont Chauffé and descend to the Chalets de Mens. You will then go up by the Pas de la Bosse with a superb view of the Cornettes de Bise, a nice descent on the GR5 trail to reach the Chalets de Bise and its refuge.



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TAKE NOTHING BUT MEMORIES ...

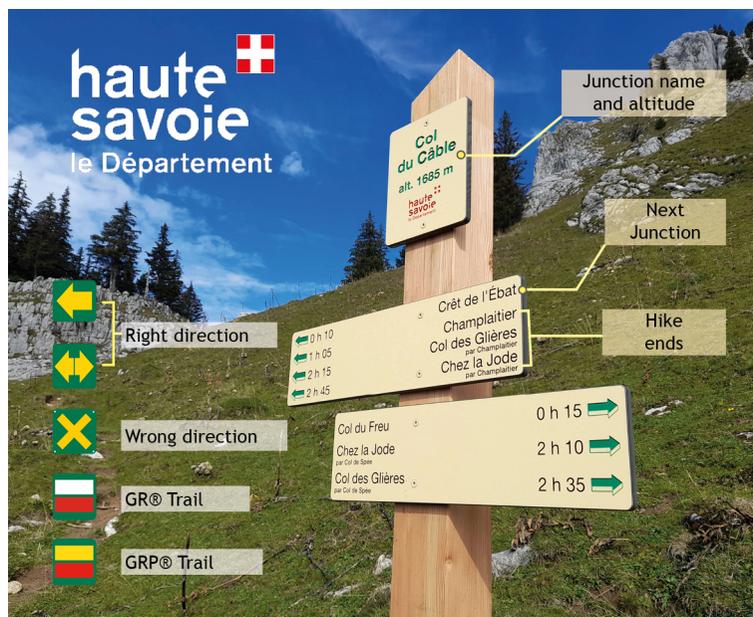
- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS
WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

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WALKS AND HIKES



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HIKING: FROM BISE TO UBINE

A beautiful hike between alpine pastures and forests. It offers superb views of the mountains and the Cornettes de Bise and Mont de Grange Natura 2000 sites. Don't miss the impressive cliffs of Mont Chauffé.

Loop

DIFFICULT

4:00

10.5 km

+ 575 m

- 575 m

1830 m

Keep pets on a lead

HOW TO GET THERE: Access (by car) : From Thonon-les-Bains, take the D22 towards Vacheresse then leave the village via the hamlets of Villard and Revenette, towards Bise.

VACHERESSE



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YOUR ROUTE

- 1** From "Chalets de Bise (parking)", take the direction "Ubine (Refuge) by Lac de Fontaine". Continue to follow "Ubine (Refuge)" at the intersections "Les Chatellets", "Lac de Fontaine", "Marais de Léchère" and "Les Maupas".
- 2** At the first signpost "Ubine (Refuge)", continue towards "Ubine (Parking)" and then at the second signpost "Ubine (Refuge)", follow the direction "Chalets de Bise (Refuge) by Pas de la Bosse". At the intersection "Col d'Ubine", take the path on the right, always towards "Chalets de Bise (Refuge) par Pas de la Bosse".
- 3** At the level of "Chalets de Mens", "Chalet de la Combe au Trot", "Combe au Trot (Haut)", "Pas de la Bosse" and "Chalet de Bise", continue in the direction of "Chalets de Bise (Refuge)".
- 4** Once you have reached the Chalets de Bise Refuge, go back to your starting point " Chalets de Bise (Parking) ".

RECOMMENDATIONS: Whatever your hike, remember to take cereal bars, sufficient water, sunglasses, sun cream, a small first aid kit, as well as clothes adapted to your outing according to the season and the weather forecast.