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This hike starts in the centre of the typical Haut Savoyard village of La Chapelle d'Abondance. It is located within the natural site of the Cornettes de Bise, classified Natura 2000. You will take the road and then follow a forest path in the direction of Chevenne.

You will then take a pastoral track and a path towards the Vernaz pass at the foot of the imposing Cornettes de Bise mountain. At the pass, a magnificent view awaits you on its southern face.

You will then reach the Col de Resse and then the Col du Serpentin and the Tête de l'Avalanche, the highest point of the route at 1854m. This viewpoint on the lake of Arvouin, the Dents du Midi and the valley of Abondance is worth the diversions. It is also an area frequented by mouflons, marmots and grouse roosters.

After a short descent through the alpine chalets, you can enjoy a moment of relaxation at the edge of the Arvouin lake. You may meet Abondance cows or ibexes, which are very present on this site.

The return to the village of La Chapelle d'Abondance is via a fairly steep path through the Tête de la Maisonnette mountain pasture and a long descent through the forest.

TAKE NOTHING BUT MEMORIES ...

- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

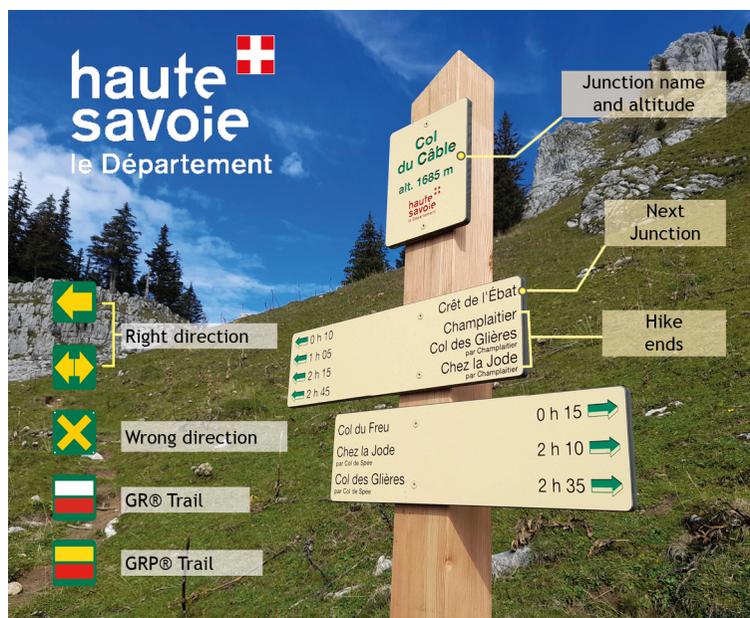
... LEAVE NOTHING BUT FOOTSTEPS

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MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS
WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

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WALKS AND HIKES



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WALKING ROUTE: ARVOUIN LAKE LOOP

A beautiful hike which starts from the centre of the village of La Chapelle d'Abondance and offers superb views of the Cornettes de Bise, the lake of Arvouin, the village and the valley of Abondance.

Loop

DIFFICULT

5:20

10.5 km

+ 930 m

- 930 m

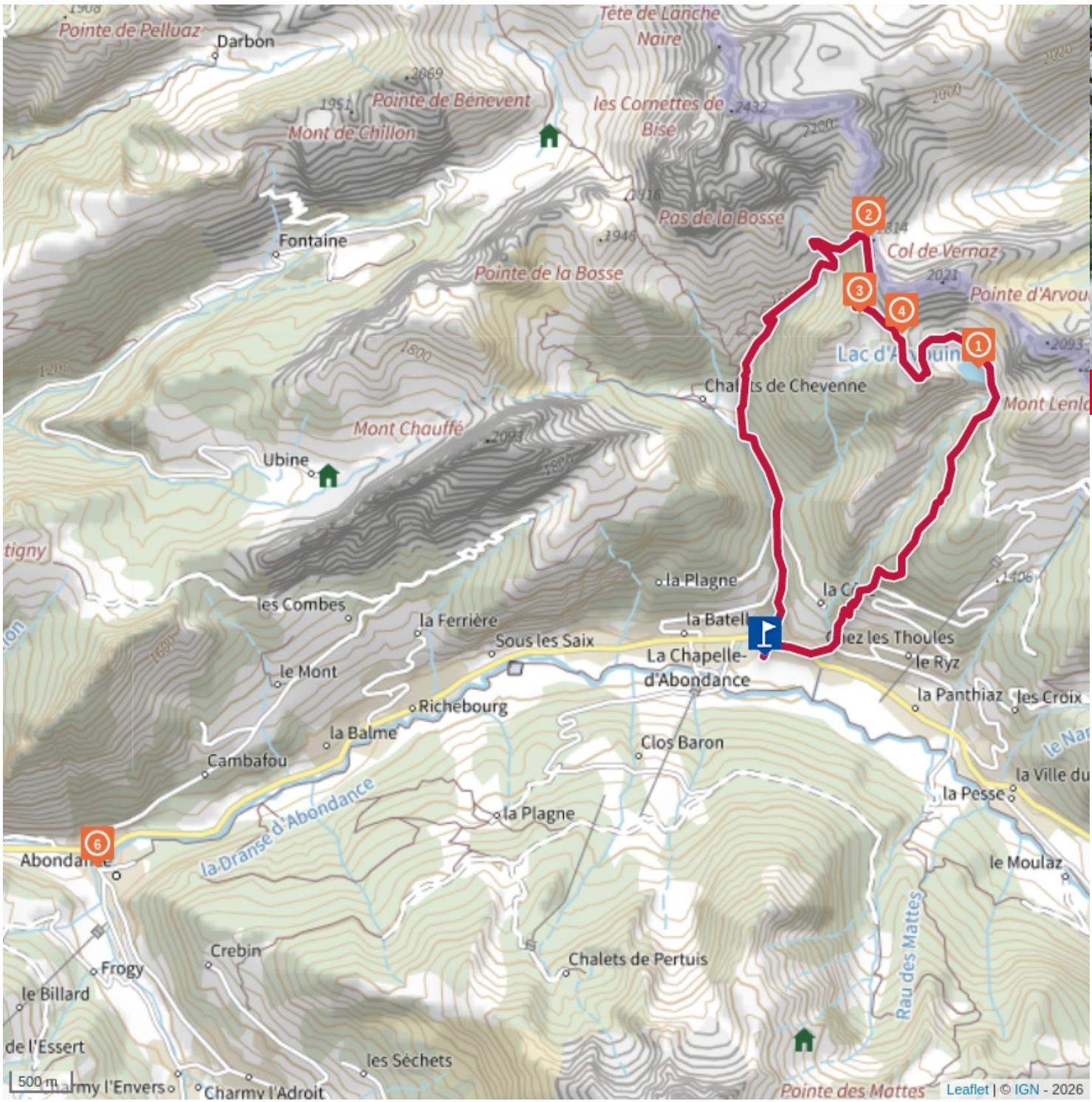
1854 m

Keep pets on a lead

STARTING POINT: Intersection entre la route des Frasses et la route de Chevenne

HOW TO GET THERE: Free parking under the tourist office or access to the starting point by shuttle (line C and line 12).

LA CHAPELLE-D'ABONDANCE



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YOUR ROUTE

Start : "route de Chevenne".

- 1** Take the road to "Chevenne" on foot.
- 2** Follow the forest path on your left towards "Chevenne".
- 3** At the Chevenne car park, take the path on your right towards the "Col de Vernaz".
- 4** Once at the pass, turn right towards the "Col de Resse" and the "Tête de l'Avalanche".
- 5** After reaching the "Tête de l'Avalanche", go down the path towards the "lac d'Arvouin". Rejoin the road that runs alongside the lake.
- 6** The return to the village of La Chapelle d'Abondance is done by the path starting at the level of the outlet of the lake and going down through the "Alpage de la Maissonette".

TRICKY SECTIONS: To cross a steep passage towards the Col de Resse, you will need to use a handrail (chain) for a short distance.

RECOMMENDATIONS: Whatever your hike, remember to pack cereal bars, plenty of water, sunglasses, sun cream, a small first aid kit, and clothing suitable for your outing depending on the season and the weather forecast. The route is strongly discouraged without appropriate equipment if snow persists, as the passages through the corridors and certain slopes are very exposed.